



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	20.10.2025	21.10.2025	22.10.2025	23.10.2025	24.10.2025
Morning Snack 1	Whole Wheat Croissant with Berry Topping   	Ham & Cheese Croissant   	Pizza Snail  		
Morning Snack 2	Apple Puff   	Blueberry Danish   	Vanilla Cookie   		
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit		
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar		
Soup	Shoyu Ramen   	Jade Noodles with Chicken Soup    	Instant Noodles with Braised Chicken   		
Western	Roasted Fish on Ratatouille 	Beef Lasagna    	Honey-Mustard Chicken   		
Side Dish	Glazed Carrots 	Stir Fried Vegetables in Soy Sauce  	Garden Vegetables 		
Side dish	Roasted Potatoes 	Potato Gratin 	Mashed Potatoes 		
Egg	Stir Fried Cucumber with Eggs  	Fried Boiled Egg with Tamarind Sauce   	Thai Style Omelette   		
Asian	Chicken Sausage   	Stir Fried Minced Chicken with Basil    	Stir Fried Squid with Oyster Sauce and Bell Peppers  		
Vegetarian	Pad Thai with Tofu   	Kung Pao Tofu  	Baked Spinach & Cheese  		
Rice	Steamed Rice	Steamed Rice	Steamed Rice		



Please be aware that items on this menu may change or be unavailable at certain times.



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	27.10.2025	28.10.2025	29.10.2025	30.10.2025	31.10.2025
Morning Snack 1	Banana & Oat Muffin 	Tuna Puff 	Spelt & Raspberry Muffin 	Crab Stick Puff 	Choco Chip Custard Puff
Morning Snack 2	Ham & Cheese Croissant 	Pizza Pastry 	Chicken Sausage Roll 	Cinnamon Snail 	Strawberry Lava
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Wide Egg Noodles with Chicken Soup 	Braised Chicken Udon 	Maccaroni with Chicken Soup 	Veggie Egg Noodles with Chicken Ball Soup
Western	Roasted Chicken Breast & Gravy 	Chicken Nacho 	Beef & Carrot Stew 	Grilled Fish A La Provence 	Fish & Chips
Side Dish	Roasted Pumpkin & Cauliflower 	Vegetables in Soy Sauce 	Glazed Carrots 	Sauteed Spinach 	Garden Peas & Cauliflower
Side dish	Roasted Potatoes	Parsley Potatoes	Fried Potatoes & Spring Onions 	Potato Gratin 	French Fries
Egg	Boiled Egg 	Shakshuka 	Stir Fried Egg Tofu and Broccoli with Soy Sauce 	Chicken Ham Scrambled Egg 	Fried Boiled Egg with Tamarind Sauce
Asian	Hong Kong Noodles with Chicken 	Fried Fish with Tamarind Sauce 	Hainanese Chicken Rice 	Chinese Orange Chicken 	Stir Fried Chicken & Bell Peppers
Vegetarian	Man N' Cheese 	Mexican Bean Chili 	Thai Style Omelette 	Swee & Sour Tofu 	Egg Tofu with Cabbage in Clear Soup
Rice	Steamed Rice	Steamed Rice	Steamed Rice & Chicken Rice	Steamed Rice	Steamed Rice



Please be aware that items on this menu may change or be unavailable at certain times.



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	03.11.2025	04.11.2025	05.11.2025	06.11.2025	07.11.2025
Morning Snack 1	Coco & Oat Cookie 	Ham & Cheese Croissant 	Hawaiian Danish 	Sausage Roll 	Nom Sod Custard Puff
Morning Snack 2	Carrot & Lemon Muffin 	Chocolate Croissant 	Chocolate Chip Cookie 	Blueberry Muffin 	Pinky Croissant
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Jade Noodles with Chicken Soup 	Instant Noodles with Braised Chicken 	Maccaroni with Chicken Soup 	Egg Noodles with Chicken Ball Soup
Western	Chicken Stew 	Spaghetti Bolognese 	Italian Roasted Chicken 	Meat Balls 	
Side Dish	Glazed Carrots 	Mixed Vegetables in Soy Sauce 	Garden Vegetables 	Steamed Broccoli 	
Side dish	Mashed Potatoes 	Potato Wedges 	Mashed Potatoes 	Rosemary Potatoes 	
Egg	Scrambled Eggs with Chives 	Palo Egg 	Thai Style Omelet 	Shakshuka 	Mushroom Omelet
Asian	Fried Fish & Garlic 	Grilled Chicken Satay 	Chicken Teriyaki 	Stir Fried Fish with Celery 	Chicken Pad Se Ew
Vegetarian	Spinach Lasagna 	Pineapple Fried Rice 	Mexican Bean Stew 	Napolitana Pasta 	Baked Cauliflower & Cheese
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice



Please be aware that items on this menu may change or be unavailable at certain times.



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	10.11.2025	11.11.2025	12.11.2025	13.11.2025	14.11.2025
Morning Snack 1	Chicken Ham & Cheese Puff 	Chocolate Stick 	Vanilla & Raisin Cookie 	Crabstick Puff 	Sugar Puff 
Morning Snack 2	Spelt & Raspberry Muffin 	Coconut Twist 	Vanilla Cup Cake 	Croissant & Caramel Topping 	Pineapple Lava 
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Wide Egg Noodles with Chicken Soup 	Braised Chicken Udon 	Maccaroni with Chicken Soup 	Veggie Egg Noodles with Chicken Ball Soup 
Western	Grilled Chicken Breast 	Chicken Fricassee 	Grilled Fish with Balsamic Sauce 	Chicken Fajitas 	Fish & Chips 
Side Dish	Roasted Pumpkin & Cauliflower	Garden & Peas & Sweet Corn 	Garden Vegetables	Sweet Corn & Carrots	Garden Peas & Carrots 
Side dish	Roasted Potatoes	Mashed Potatoes 	Fried Potatoes & Spring Onions	Potato Wedges	French Fries
Egg	Egg Drop Soup 	Steamed Egg with Spinach 	Thai Style Omelet 	Boiled Egg Salad 	Egg & Chicken Palo 
Asian	Stir Fried Chicken in Oyster Sauce 	Stir-Fried Fish with Bell Peppers 	Chinese Orange Chicken 	Fried Chicken 	Chicken & Egg Palo 
Vegetarian	Crispy Baked Pasta 	Vegetarian American Fried Rice 	Pasta Alfredo 	Vegetarian Green Curry 	Stir Fried Bean Sprouts with Tofu 
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice



Please be aware that items on this menu may change or be unavailable at certain times.



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	17.11.2025	18.11.2025	19.11.2025	20.11.2025	21.11.2025
Morning Snack 1	Whole Wheat Croissant with Berry Topping   	Ham & Cheese Croissant   	Pizza Snail  	Sausage Roll   	Cheese Stick   
Morning Snack 2	Apple Puff   	Blueberry Danish   	Vanilla Cookie   	Banana & Oat Muffin   	Coconut Sangkaya Puff   
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen   	Jade Noodles with Chicken Soup   	Instant Noodles with Braised Chicken   	Maccaroni with Chicken Soup   	Egg Noodles with Chicken Ball Soup   
Western	Roasted Fish on Ratatouille 	Beef Lasagna   	Honey-Mustard Chicken   	Spaghetti Beef Bolognese  	Fish & Chips  
Side Dish	Glazed Carrots 	Stir Fried Vegetables in Soy Sauce  	Garden Vegetables	Steamed Broccoli	Garden Peas & Carrots 
Side dish	Roasted Potatoes	Potato Gratin 	Mashed Potatoes 	Rosemary Potatoes	French Fries
Egg	Stir Fried Cucumber with Eggs  	Fried Boiled Egg with Tamarind Sauce   	Thai Style Omelette   	Japanese Steamed Egg with Leek  	Omelette with Mushroom   
Asian	Chicken Sausage   	Stir Fried Minced Chicken with Basil   	Stir Fried Squid with Oyster Sauce and Bell Peppers  	Korean BBQ Chicken   	Stir Fried Chicken with Black Pepper   
Vegetarian	Pad Thai with Tofu   	Kung Pao Tofu  	Baked Spinach & Cheese  	Vegetable Fried Rice   	Vegetable Lasagna   
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice



Please be aware that items on this menu may change or be unavailable at certain times.



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	24.11.2025	25.11.2025	26.11.2025	27.11.2025	28.11.2025
Morning Snack 1	Chicken Ham & Cheese Puff 	Chocolate Stick 	Vanilla & Raisin Cookie 	Crabstick Puff 	Sugar Puff 
Morning Snack 2	Spelt & Raspberry Muffin 	Coconut Twist 	Vanilla Cup Cake 	Croissant & Caramel Topping 	Pineapple Lava 
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Wide Egg Noodles with Chicken Soup 	Braised Chicken Udon 	Maccaroni with Chicken Soup 	Veggie Egg Noodles with Chicken Ball Soup 
Western	Grilled Chicken Breast 	Chicken Fricasse 	Grilled Fish with Balsamic Sauce 	Chicken Fajitas 	Fish & Chips 
Side Dish	Roasted Pumpkin & Cauliflower	Garden & Peas & Sweet Corn 	Garden Vegetables	Sweet Corn & Carrots	Garden Peas & Carrots 
Side dish	Roasted Potatoes	Mashed Potatoes 	Fried Potatoes & Spring Onions	Potato Wedges	French Fries
Egg	Egg Drop Soup 	Steamed Egg with Spinach 	Thai Style Omelet 	Boiled Egg Salad 	Egg & Chicken Palo 
Asian	Stir Fried Chicken in Oyster Sauce 	Stir-Fried Fish with Bell Peppers 	Chinese Orange Chicken 	Fried Chicken 	Chicken & Egg Palo 
Vegetarian	Crispy Baked Pasta 	Vegetarian American Fried Rice 	Pasta Alfredo 	Vegetarian Green Curry 	Stir Fried Bean Sprouts with Tofu 
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice



Please be aware that items on this menu may change or be unavailable at certain times.