



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	05.01.2026	06.01.2026	07.01.2026	08.01.2026	09.01.2026
Morning Snack 1	Whole Wheat Croissant with Berry Topping   	Ham & Cheese Croissant    	Pizza Snail  	Sausage Roll    	Cheese Stick   
Morning Snack 2	Apple Puff   	Blueberry Danish   	Vanilla Cookie   	Banana & Oat Muffin    	Coconut Sangkaya Puff   
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen   	Jade Noodles with Chicken Soup    	Instant Noodles with Braised Chicken    	Maccaroni with Chicken Soup    	Egg Noodles with Chicken Ball Soup    
Western	Roasted Fish on Ratatouille 	Beef Lasagna     	Honey-Mustard Chicken    	Spaghetti Beef Bolognese   	Fish & Chips  
Side Dish	Glazed Carrots 	Stir Fried Vegetables in Soy Sauce  	Garden Vegetables 	Steamed Broccoli 	Garden Peas & Carrots 
Side dish	Roasted Potatoes 	Potato Gratin 	Mashed Potatoes 	Rosemary Potatoes 	French Fries 
Egg	Stir Fried Cucumber with Eggs  	Fried Boiled Egg with Tamarind Sauce     	Thai Style Omelette    	Japanese Steamed Egg with Leek  	Omelette with Mushroom    
Asian	Chicken Sausage   	Stir Fried Minced Chicken with Basil     	Stir Fried Squid with Oyster Sauce and Bell Peppers    	Korean BBQ Chicken    	Stir Fried Chicken with Black Pepper   
Vegetarian	Pad Thai with Tofu   	Kung Pao Tofu  	Baked Spinach & Cheese  	Vegetable Fried Rice    	Vegetable Lasagna   
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice



Please be aware that items on this menu may change or be unavailable at certain times.



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	12.01.2026	13.01.2026	14.01.2026	15.01.2026	16.01.2026
Morning Snack 1	Banana & Oat Muffin   	Tuna Puff    	Spelt & Raspberry Muffin   	Crab Stick Puff    	Choco Chip Custard Puff    
Morning Snack 2	Ham & Cheese Croissant   	Pizza Pastry    	Chicken Sausage Roll    	Cinnamon Snail    	Strawberry Lava    
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen   	Wide Egg Noodles with Chicken Soup    	Braised Chicken Udon   	Maccaroni with Chicken Soup    	Veggie Egg Noodles with Chicken Ball Soup     
Western	Roasted Chicken Breast & Gravy 	Chicken Nacho   	Beef & Carrot Stew   	Grilled Fish A La Provence 	Fish & Chips  
Side Dish	Roasted Pumpkin & Cauliflower  	Vegetables in Soy Sauce 	Glazed Carrots 	Sauteed Spinach 	Garden Peas & Cauliflower  
Side dish	Roasted Potatoes	Parsley Potatoes	Fried Potatoes & Spring Onions  	Potato Gratin 	French Fries
Egg	Boiled Egg 	Shakshuka 	Thai Style Omelette  	Chicken Ham Scrambled Egg   	Fried Boiled Egg with Tamarind Sauce   
Asian	Hong Kong Noodles with Chicken   	Fried Fish with Tamarind Sauce   	Hainanese Chicken Rice 	Chinese Orange Chicken    	Stir Fried Chicken & Bell Peppers    
Vegetarian	Man N' Cheese  	Mexican Bean Chili  	Stir Fried Egg Tofu and Broccoli with Soy Sauce    	Swee & Sour Tofu   	Egg Tofu with Cabbage in Clear Soup    
Rice	Steamed Rice	Steamed Rice	Steamed Rice & Chicken Rice	Steamed Rice	Steamed Rice



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Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	19.01.2026	20.01.2026	21.01.2026	22.01.2026	23.01.2026
Morning Snack 1	Coco & Oat Cookie 	Ham & Cheese Croissant 	Hawaiian Danish 	Sausage Roll 	Nom Sod Custard Puff
Morning Snack 2	Carrot & Lemon Muffin 	Chocolate Croissant 	Chocolate Chip Cookie 	Blueberry Muffin 	Pinky Croissant
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Jade Noodles with Chicken Soup 	Instant Noodles with Braised Chicken 	Maccaroni with Chicken Soup 	Egg Noodles with Chicken Ball Soup
Western	Chicken Stew 	Spaghetti Bolognese 	Italian Roasted Chicken 	Meat Balls 	Meat Balls
Side Dish	Glazed Carrots 	Mixed Vegetables in Soy Sauce 	Garden Vegetables 	Steamed Broccoli 	Steamed Broccoli
Side dish	Mashed Potatoes 	Potato Wedges 	Mashed Potatoes 	Rosemary Potatoes 	Rosemary Potatoes
Egg	Scrambled Eggs with Chives 	Palo Egg 	Thai Style Omelet 	Shakshuka 	Mushroom Omelet
Asian	Fried Fish & Garlic 	Grilled Chicken Satay 	Chicken Teriyaki 	Stir Fried Fish with Celery 	Chicken Pad Se Ew
Vegetarian	Spinach Lasagna 	Pineapple Fried Rice 	Mexican Bean Stew 	Napolitana Pasta 	Baked Cauliflower & Cheese
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice




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Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	26.01.2026	27.01.2026	28.01.2026	29.01.2026	30.01.2026
Morning Snack 1	Chicken Ham & Cheese Puff 	Chocolate Stick 	Vanilla & Raisin Cookie 	Crabstick Puff 	Sugar Puff 
Morning Snack 2	Spelt & Raspberry Muffin 	Coconut Twist 	Vanilla Cup Cake 	Croissant & Caramel Topping 	Pineapple Lava 
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Wide Egg Noodles with Chicken Soup 	Braised Chicken Udon 	Maccaroni with Chicken Soup 	Veggie Egg Noodles with Chicken Ball Soup 
Western	Grilled Chicken Breast 	Chicken Fricasse 	Grilled Fish with Balsamic Sauce 	Chicken Fajitas 	Fish & Chips 
Side Dish	Roasted Pumpkin & Cauliflower	Garden & Peas & Sweet Corn 	Garden Vegetables	Sweet Corn & Carrots	Garden Peas & Carrots 
Side dish	Roasted Potatoes	Mashed Potatoes 	Fried Potatoes & Spring Onions	Potato Wedges	French Fries
Egg	Egg Drop Soup 	Steamed Egg with Spinach 	Thai Style Omelet 	Boiled Egg Salad 	Egg & Chicken Palo 
Asian	Stir Fried Chicken in Oyster Sauce 	Stir-Fried Fish with Bell Peppers 	Chinese Orange Chicken 	Fried Chicken 	Chicken & Egg Palo 
Vegetarian	Crispy Baked Pasta 	Vegetarian American Fried Rice 	Pasta Alfredo 	Vegetarian Green Curry 	Stir Fried Bean Sprouts with Tofu 
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice



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