



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	05.01.2026	06.01.2026	07.01.2026	08.01.2026	09.01.2026
Morning Snack 1	Whole Wheat Croissant with Berry Topping 	Ham & Cheese Croissant 	Pizza Snail 	Sausage Roll 	Cheese Stick
Morning Snack 2	Apple Puff 	Blueberry Danish 	Vanilla Cookie 	Banana & Oat Muffin 	Coconut Sangkaya Puff
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Jade Noodles with Chicken Soup 	Instant Noodles with Braised Chicken 	Maccaroni with Chicken Soup 	Egg Noodles with Chicken Ball Soup
Western	Roasted Fish on Ratatouille 	Beef Lasagna 	Honey-Mustard Chicken 	Spaghetti Beef Bolognese 	Fish & Chips
Side Dish	Glazed Carrots 	Stir Fried Vegetables in Soy Sauce 	Garden Vegetables	Steamed Broccoli	Garden Peas & Carrots
Side dish	Roasted Potatoes	Potato Gratin 	Mashed Potatoes 	Rosemary Potatoes	French Fries
Egg	Stir Fried Cucumber with Eggs 	Fried Boiled Egg with Tamarind Sauce 	Thai Style Omelette 	Japanese Steamed Egg with Leek 	Omelette with Mushroom
Asian	Chicken Sausage 	Stir Fried Minced Chicken with Basil 	Stir Fried Squid with Oyster Sauce and Bell Peppers 	Korean BBQ Chicken 	Stir Fried Chicken with Black Pepper
Vegetarian	Pad Thai with Tofu 	Kung Pao Tofu 	Baked Spinach & Cheese 	Vegetable Fried Rice 	Vegetable Lasagna
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice



Please be aware that items on this menu may change or be unavailable at certain times.



Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	12.01.2026	13.01.2026	14.01.2026	15.01.2026	16.01.2026
Morning Snack 1	Banana & Oat Muffin	Tuna Puff	Spelt & Raspberry Muffin	Crab Stick Puff	Choco Chip Custard Puff
Morning Snack 2	Ham & Cheese Croissant	Pizza Pastry	Chicken Sausage Roll	Cinnamon Snail	Strawberry Lava
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen	Wide Egg Noodles with Chicken Soup	Braised Chicken Udon	Maccaroni with Chicken Soup	Veggie Egg Noodles with Chicken Ball Soup
Western	Roasted Chicken Breast & Gravy	Chicken Nacho	Beef & Carrot Stew	Grilled Fish A La Provence	Fish & Chips
Side Dish	Roasted Pumpkin & Cauliflower	Vegetables in Soy Sauce	Glazed Carrots	Sauteed Spinach	Garden Peas & Cauliflower
Side dish	Roasted Potatoes	Parsley Potatoes	Fried Potatoes & Spring Onions	Potato Gratin	French Fries
Egg	Boiled Egg	Shakshuka	Thai Style Omelette	Chicken Ham Scrambled Egg	Fried Boiled Egg with Tamarind Sauce
Asian	Hong Kong Noodles with Chicken	Fried Fish with Tamarind Sauce	Hainanese Chicken Rice	Chinese Orange Chicken	Stir Fried Chicken & Bell Peppers
Vegetarian	Man N' Cheese	Mexican Bean Chili	Stir Fried Egg Tofu and Broccoli with Soy Sauce	Swee & Sour Tofu	Egg Tofu with Cabbage in Clear Soup
Rice	Steamed Rice	Steamed Rice	Steamed Rice & Chicken Rice	Steamed Rice	Steamed Rice



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Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	19.01.2026	20.01.2026	21.01.2026	22.01.2026	23.01.2026
Morning Snack 1	Coco & Oat Cookie	Ham & Cheese Croissant	Hawaiian Danish	Sausage Roll	Nom Sod Custard Puff
Morning Snack 2	Carrot & Lemon Muffin	Chocolate Croissant	Chocolate Chip Cookie	Blueberry Muffin	Pinky Croissant
Drinks	Milk or Water & Seasonal Fresh Fruit	LUNCH DAY			
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen	Jade Noodles with Chicken Soup	Instant Noodles with Braised Chicken	Maccaroni with Chicken Soup	Egg Noodles with Chicken Ball Soup
Western	Chicken Stew	Spaghetti Bolognese	Italian Roasted Chicken	Meat Balls	DAY
Side Dish	Glazed Carrots	Mixed Vegetables in Soy Sauce	Garden Vegetables	Steamed Broccoli	DAY
Side dish	Mashed Potatoes	Potato Wedges	Mashed Potatoes	Rosemary Potatoes	DAY
Egg	Scrambled Eggs with Chives	Palo Egg	Thai Style Omelet	Shakshuka	Mushroom Omelet
Asian	Fried Fish & Garlic	Grilled Chicken Satay	Chicken Teriyaki	Stir Fried Fish with Celery	Chicken Pad Se Ew
Vegetarian	Spinach Lasagna	Pineapple Fried Rice	Mexican Bean Stew	Napolitana Pasta	Baked Cauliflower & Cheese
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice



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Lunch Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	26.01.2026	27.01.2026	28.01.2026	29.01.2026	30.01.2026
Morning Snack 1	Chicken Ham & Cheese Puff 	Chocolate Stick 	Vanilla & Raisin Cookie 	Crabstick Puff 	Sugar Puff
Morning Snack 2	Spelt & Raspberry Muffin 	Coconut Twist 	Vanilla Cup Cake 	Croissant & Caramel Topping 	Pineapple Lava
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Wide Egg Noodles with Chicken Soup 	Braised Chicken Udon 	Maccaroni with Chicken Soup 	Veggie Egg Noodles with Chicken Ball Soup
Western	Grilled Chicken Breast 	Chicken Fricasse 	Grilled Fish with Balsamic Sauce 	Chicken Fajitas 	Fish & Chips
Side Dish	Roasted Pumpkin & Cauliflower 	Garden & Peas & Sweet Corn 	Garden Vegetables 	Sweet Corn & Carrots 	Garden Peas & Carrots
Side dish	Roasted Potatoes 	Mashed Potatoes 	Fried Potatoes & Spring Onions 	Potato Wedges 	French Fries
Egg	Egg Drop Soup 	Steamed Egg with Spinach 	Thai Style Omelet 	Boiled Egg Salad 	Egg & Chicken Palo
Asian	Stir Fried Chicken in Oyster Sauce 	Stir-Fried Fish with Bell Peppers 	Chinese Orange Chicken 	Fried Chicken 	Chicken & Egg Palo
Vegetarian	Crispy Baked Pasta 	Vegetarian American Fried Rice 	Pasta Alfredo 	Vegetarian Green Curry 	Stir Fried Bean Sprouts with Tofu
Rice	Steamed Rice 	Steamed Rice 	Steamed Rice 	Steamed Rice 	Steamed Rice



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