



Early Year Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	18.05.2026	19.05.2026	20.05.2026	21.05.2026	22.05.2026
Morning Snack 1	Banana & Oat Muffin 	Pizza Pastry 	Spelt & Raspberry Muffin 	Cinnamon Snail 	Strawberry Lava
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Thai Vermicelli with Green Chicken Curry 	Braised Chicken Udon 	Macaroni with Chicken Soup 	Veggie Egg Noodles with Chicken Ball Soup
Western	Roasted Chicken Breast & Gravy 	Stir Fried Macaroni & Chicken 	Beef & Carrot Stew 	Grilled Fish A La Provence 	Fish & Chips
Side Dish	Roasted Pumpkin & Cauliflower	Vegetables in Soy Sauce 	Glazed Carrots 	Sauteed Spinach	Garden Peas & Cauliflower
Side dish	Roasted Potatoes	Parsley Potatoes	Fried Potatoes & Spring Onions 	Potato Gratin 	French Fries
Egg	Boiled Egg 	Shakshuka 	Thai Style Omelette 	Chicken Ham Scrambled Egg 	Fried Boiled Egg with Tamarind Sauce
Asian	Hong Kong Noodles with Chicken 	Fried Fish with Tamarind Sauce 	Hainanese Chicken Rice 	Chinese Orange Chicken 	Stir Fried Chicken & Bell Peppers
Vegetarian	Mac N' Cheese 	Mexican Bean Chili 	Thai Style Omelette 	Swee & Sour Tofu 	Stir Fried Hong Kong Kale with Red Sauce
Vegetarian	Chana saag 	Vegan Palak Paneer with Tofu 	Chickpea Eggplant Curry 	Carrot Ginger Soup 	Lentil curry
Rice	Steamed Rice	Steamed Rice	Steamed Rice & Chicken Rice	Steamed Rice	Steamed Rice



Please be aware that items on this menu may change or be unavailable at certain times.



Early Year Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	25.05.2026	26.05.2026	27.05.2026	28.05.2026	29.05.2026
Morning Snack 1	Carrot & Lemon Muffin 	Chocolate Croissant 	Chocolate Chip Cookie 	Blueberry Muffin 	Pinky Croissant
Drinks	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	Milk or Water & Seasonal Fresh Fruit	
Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
Soup	Shoyu Ramen 	Jade Noodles with Chicken Soup 	Instant Noodles with Braised Chicken 	Maccaroni with Chicken Soup 	Egg Noodles with Chicken Ball Soup
Western	Chicken Stew 	Spaghetti Bolognese 	Chicken Cottage Pie 	Meat Balls 	
Side Dish	Glazed Carrots 	Mixed Vegetables in Soy Sauce 	Garden Vegetables	Steamed Broccoli	
Side dish	Mashed Potatoes 	Potato Wedges	Mashed Potatoes 	Rosemary Potatoes	
Egg	Scrambled Eggs with Chives 	Palo Egg 	Thai Style Omelet 	Shakshuka 	Mushroom Omelet
Asian	Fried Fish & Garlic 	Grilled Chicken Satay 	Chicken Teriyaki 	Stir Fried Fish with Celery 	Chicken Pad Se Ew
Vegetarian	Spinach Lasagna 	Pineapple Fried Rice 	Mexican Bean Stew 	Napolitana Pasta 	Baked Cauliflower & Cheese
Vegetarian	Chickpea Cauliflower Curry	Indian Chickpea Sweet Potato Stew 	Chana Masala	Chickpea Pumpkin curry	Aloo Gobi
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice

WEDNESDAY



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