

Lunch Menu



Week Days	Monday 05-Oct-26	Tuesday 06-Oct-26	Wednesday 07-Oct-26	Thursday 08-Oct-26	Friday 09-Oct-26
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Morning Break					
Morning Snack	Chicken Ham & Cheese Puff 	Chocolate Stick 		Crabstick Puff 	
	Spelt & Raspberry Muffin 	Coconut Twist 		Croissant & Caramel Topping 	
Beverage	Milk or Water 	Milk or Water 		Milk or Water 	
Fruit	Seasonal Fresh Fruit 	Seasonal Fresh Fruit 		Seasonal Fresh Fruit 	

Lunch Menu					
Salad /Fruits	Salad & Fruits Bar	Salad & Fruits Bar		Salad & Fruits Bar	 Special Menu
Main Western	Grilled Chicken Breast Roasted Pumpkin & Cauliflower Roasted Potatoes	Chicken Fricasse Garden & Peas & Sweet Corn Mashed Potatoes 	School Holiday	Chicken Fajitas Sweet Corn & Carrots Potato Wedges	
Main Asian	Stir Fried Chicken in Oyster Sauce Steamed Rice	Stir Fried Fish with Bell Peppers Steamed Rice		Fried Chicken Steamed Rice	
Main Vegetarian	Crispy Baked Pasta Palak Paneer 	Vegetarian American Fried Rice Lentil Curry 		Vegetarian Japanese Curry Vegan Pumpkin Curry with Tofu 	
Egg	Egg Drop Soup 	Steamed Egg with Spinach 		Boiled Egg Salad 	
Noodle Soup	Chicken Jajangmyeon 	Chicken Khao Soi 		Maccaroni with Chicken Soup 	

Allergen Labels

With allergy-friendly options, diverse international menus, and well-balanced choices, students are free to explore, enjoy, and develop a healthy relationship with food every day.



Beef



Tree Nuts



Celery



Fish



Lupin



Milk



Pork



Peanuts



Gluten



Crustaceans



Sesame



Mushroom



Chicken



Soy



Eggs



Molluscs



Sulfur Dioxide